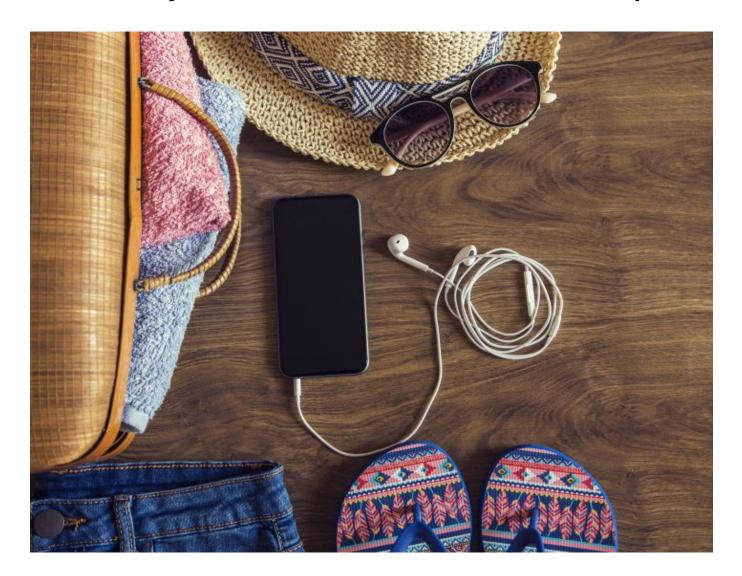
FOLLOW

# THE FINE LINE -

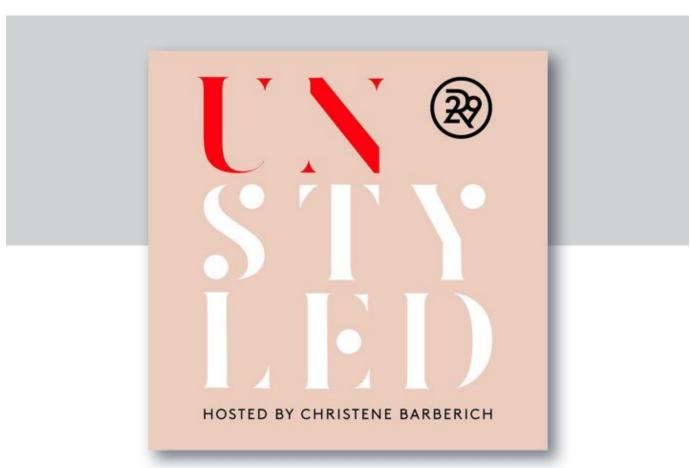
Living I 06.08.2018

## 7 Juicy Podcasts for Your Summer Road Trip



<u>We love a good book</u>, but when planning a road trip, we load our devices with binge-worthy podcasts. With more than 500,000 active podcasts on iTunes alone, how do you find something worthwhile when so many are duds? Just tell us who you are, and we'll tell you where to turn (see what we did there?).





#### YOU WISH EVERY WEEK WERE FASHION WEEK

<u>UnStyled</u>: Hosted by Refinery29's global editor-in-chief and touted for examining life, love, and work through the lens of what we wear, this podcast probes what's underneath all the pretty clothes by exploring the fine arts of being yourself, fitting in, and personal reinvention.





#### YOU LIKE TO COVER A LOT OF GROUND

<u>Good Life Project</u>: With hundreds of interviews (think: Elizabeth Gilbert, Brené Brown) exploring everything from meditation, <u>detoxing</u>, and creativity, to establishing habits, finding joy, and being vulnerable, this podcast lives up to its mission: to help you live "a fully engaged, fiercely connected, and purpose-drenched life."



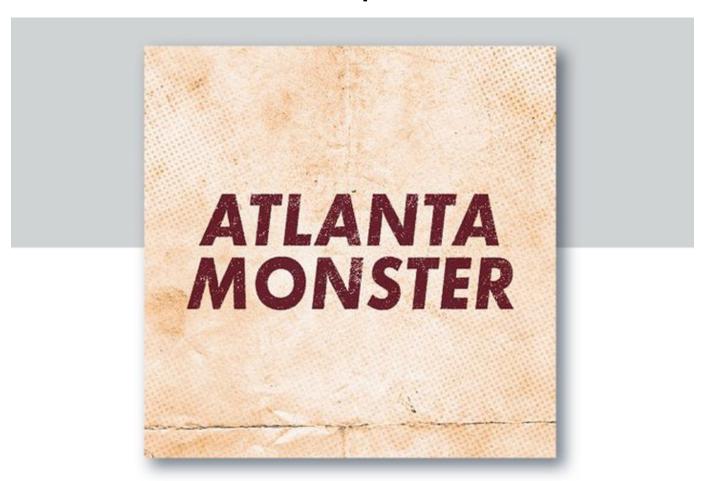
#### YOU THINK EVERYONE NEEDS THERAPY

Where Should We Begin?: Renowned therapist Esther Perel sits with struggling couples of all ilks to suss out some very difficult situations. As she unravels the intimate tangles of their lives, we learn lessons that can impact our own relationships. Whether it's abuse, cheating, illness, or despair, Perel handles each couple's issues with extreme insight and finesse.



#### PIE IS YOUR SPIRIT ANIMAL

**Radio Cherry Bombe**: The editor of the biannual magazine of the same name takes you on a delicious adventure into the world of food, making room at the table for cool female chefs, **bakers**, food stylists, writers, and cookbook authors. Beyond recipes and promoting curiosity in the kitchen, this podcast will also spark your wanderlust.



#### YOU LOVE A GOOD MYSTERY

<u>Atlanta Monster</u>: If you devoured <u>Serial</u> and <u>S-Town</u>, this one is for you. (If you haven't listened to those first two, add them to your list.) The true crime podcast seeks closure — after 40 years — for the disappearance and murder of at least 28 African-American children and young adults in Georgia's capital city between 1979 and 1981.



#### YOU SAW EVERY EPISODE OF OPRAH

<u>Oprah's SuperSoul Conversations</u>: If you've missed the Queen of Talk, mourn no more. Together with her posse of professionals from around the world, she explores spiritual health and the meaning of life in a way that only Lady O can.

P



### 'DREAMER' IS YOUR MIDDLE NAME

This Is Fifty With Sheri and Nancy: Speaking of Oprah, Sheri Salata and Nancy Hala used to work for Winfrey (so they know a thing or two about creating good media). These lifelong friends invite you into their relatable, insightful, and often laughter-filled discussions about redefining midlife and finding ways to fulfill your dreams.

PHOTOS: TOP, MIODRAG IGNJATOVIC; ALL OTHERS COURTESY OF THE COMPANIES

BY TAGGED

**Christine Morrison** Podcasts, TFL Picks